

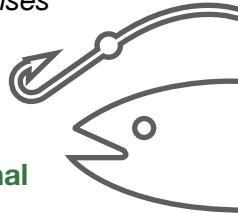
Lake, Boating, & Fishing Tips and Safety

Nebraska Fishing License for Persons with Disabilities
Reduced price for persons with disabilities

[Nebraska License Application](#)

Iowa Fishing License for Persons with Disabilities & Group Homes
Free for persons with disabilities OR a Free group home fishing permit that allows persons to fish as a supervised group without individual licenses

[Iowa License Information Link](#)



Missouri Fishing License
A person with a disability can be exempt from having their own fishing license if they are accompanied by an adult who has a fishing license

[Missouri License Information Link](#)

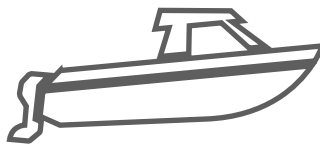
National Parks & Federal Recreational Lands Pass
Free passes for persons with disabilities and reduced rate passes for seniors

[Pass Information Link](#)

[National Parks & Federal Recreation Locations](#)

Lake Safety Tips Infographic
[Click to View](#)

Heat Stroke & Heat Exhaustion Safety
[Click to View](#)



Protect Yourself
Avoid heavy exertion, extreme heat, sun exposure, and high humidity when possible. When these cannot be avoided, take the following preventative steps:

- Monitor your physical condition and that of your coworkers for signs or symptoms of heat illnesses.
- Wear light-colored, loose-fitting, breathable clothing such as cotton.
 - Avoid non-breathable synthetic clothing.
- Gradually build up to heavy work.
- Schedule heavy work during the coolest parts of day.
- Take more breaks when doing heavier work, and in high heat and humidity.
 - Take breaks in the shade or a cool area.
- Drink water frequently. Drink enough water that you never become thirsty.
- Be aware that protective clothing or personal protective equipment may increase the risk of heat-related illnesses.



Have the Right Life Jacket Infographic
[Click to View](#)

Boating Safety Tips
[Click to View](#)

Have the Right Life Jacket Tips
[Click to View](#)

